La dépression est une maladie aussi sérieuse qu’un violent coup de froid, mais elle est plus difficile à soigner car il n’existe pas de pilule universelle. Ici tout dépend de toi et de tes proches ; il est important de garder à l’esprit que c’est ensemble que l’on peut la combattre.

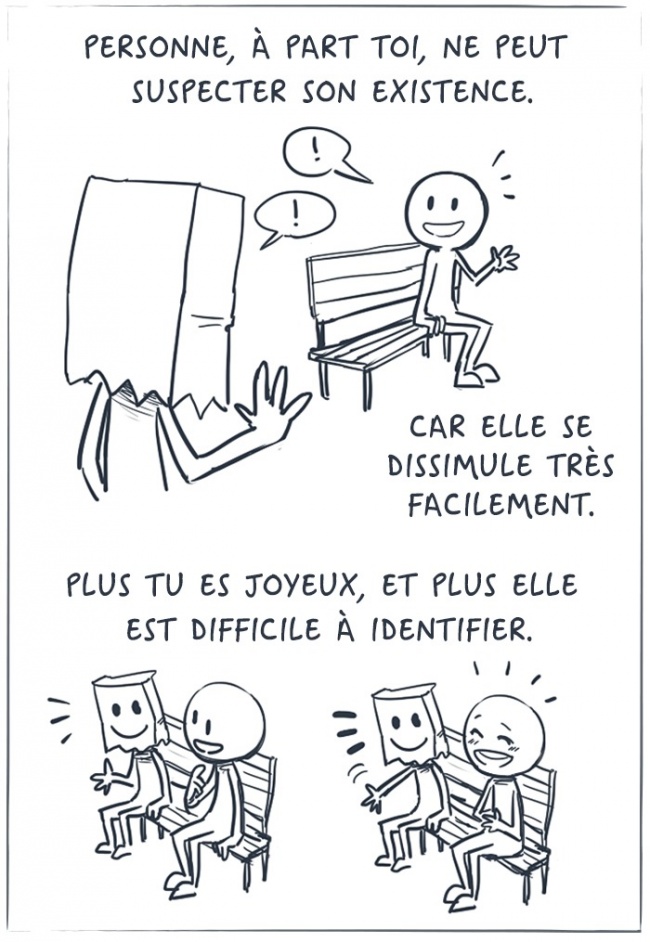
C’est justement de cela que traite cette excellente bande-dessinée de l’artiste [Colleen Butters](http://solar-citrus.deviantart.com/" \t "_blank) ; après l’avoir lue, tu n’auras plus le moindre doute que tout va bien.

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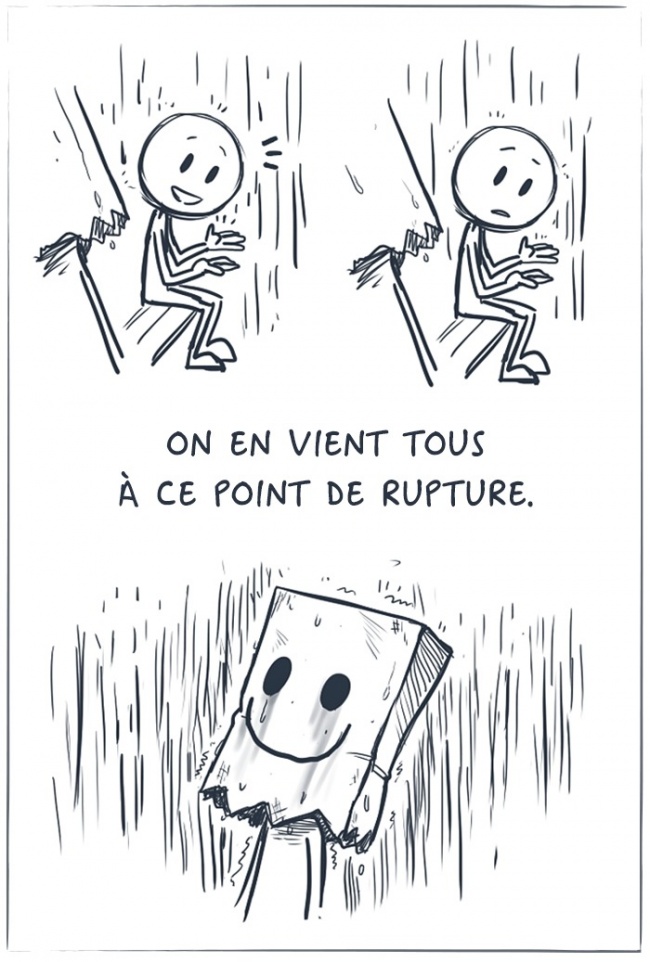
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